

ISING STARZ INSTRUCTIONAL PROGRAMS

GUIDE TO RETURN TO CLASSES



UPDATED: JUNE 10, 2020

As Rising Starz begins taking important steps toward a return to programming, we need your help. In order to provide a safe and healthy environment for you, our students, athletes, and anyone who visits our facilities, we are asking you to become partners in our safety. We have implemented new procedures specific to the safe resumption of programming. These are in conjunction with both State and CDC guidelines. Prior to returning to Rising Starz, please review the procedures below with the reminder that these steps are necessary in allowing us to keep our doors open. It's also important to understand that these procedures will change and evolve over time following any new or revised guidelines by the state or Rising Starz.

DROP OFF & PICK UP

CHECK IN WITH OUR FRIENDLY LOBBY STAFF FOR HEALTH CHECK & TEMPERATURE CHECK

- When possible, please drop off your student after checking them in with a staff member.
- If entering the building, please limit to 1 accompanying adult.
- All visitors will need to sanitize hands upon entry, get a temperature check, as well as check in and answer the I'm Healthy Checklist questions from a staff member.
- Arrive no sooner than 5-10 minutes before your class time.
- Parents will be required to wear a face covering in our lobby area, unless not medically tolerable.
- Parents can choose to wait in their cars, bring lawn chairs and relax in the fresh air during class time. The lobby open will be open, but we ask that parents do their best to social distance.
- Classes can be viewed on the I-Class Pro app from a smart phone or tablet with an internet connection.

WELLNESS CHECKS

OUR ILLNESS POLICY WILL BE STRICTLY ENFORCED

- Students, visitors, and employees perform wellness assessment upon entry, temperatures will be taken in the initial phases of re-open.
- Any person with flu-like symptoms will be sent home; must be fever free (without medication) 72 hours prior to return.
- If any RS staff member or student/visitor has a positive Covid-19 result, RS will follow all Health Dept. guidelines for cleaning and notifications.



CLEANING & CLASS TIME

WE HAVE LIMITED CLASS SIZES AND AMOUNT OF CLASSES TO HELP WITH TRAFFIC FLOW AND SOCIALLY DISTANCING IN THE GYM AREA.

- All students will wash or sanitize hands upon entering the building or before class.
- Matting, surface areas, etc. will be disinfected regularly; before and after classes.
- Loose Foam Pits will be limited and used for training purposes as needed.
- Coaches will wear face coverings (unless exempted for health reasons) while in our enclosed lobby areas and when they cannot properly maintain distancing or there is a functional reason not to.
- Lesson Plans temporarily modified to omit partner activities & will limit close contact of students.
- Our schedules have been modified allowing additional time for students to exit prior to the next class.
- Please exit Rising Starz immediately following class.

SOCIAL DISTANCING

PARENTS IN VIEWING AREAS & COMMON AREAS ARE ASKED TO MAINTAIN A SAFE DISTANCE FROM OTHERS.

- Parents, students and employees are asked to maintain safe distance of 6' from others whenever possible.
- No High Fives, Hugs or Handshakes (temporarily)
- Please utilize our online system to make payments and do registrations if possible.

STUDENTS BELONGINGS/TRAFFIC FLOW

- Students will enter the lobby and put belongings in a cubby or leave any items with their parents or caretakers.
- Our happy lobby hosts will invite students to check in and sit in our waiting area for class. Please do not arrive more than 5-10 minutes before your class start time.
- Students/Visitors should limit belongings brought into the facility.
- Students will need a parent to pick them up from inside the building as we do not want them exiting into our busy parking lot unaccompanied. WE are also happy to walk your child to your vehicle if requested.